



SATURDAY 22ND JUNE

FESTIVAL PROGRAM

	WELLNESS HUB Works Goods Hosted by Sarra Robertson PRESENTED BY PRESENTED BY FRESENTED BY	WOMEN OF SURFHUB Hosted by Jess Grimwood SAMBAZON PRESENTED BY SAMBAZON SAMBAZON	FILM & PRESENTED BY Tracks. Hosted by Caz Emge	
9:15am	Vaga Fusion Mallages (Markshan)			9:15am
9:30am	Yoga: Fusion Wellness (Workshop) SPEAKER: GEORGIE CLARK			9:30am
9:45am				9:45am
10:00am		Young & Free Surfers		10:00am
10:15am	The Female Surfer: Train like a female, because you are one (Workshop)	SPEAKERS: MADDY HOFFMANN, DIMITY STOYLE		10:15am
10:30am				10:30am
10:45am	SPEAKER: CANDICE LAND			10:45am
11:00am		Rising to Victory: Women as Champions	Through Her Lens PANEL	11:00am
11:15am		SPEAKERS: CHELSEA HEDGES, PAM BURRIDGE,EM DIETERS	SPEAKERS: HANNAH PREWITT,	11:15am
11:30am	Empower Your Lungs: Apnea Breath Training (Workshop) SPEAKER: SALLY HOWE (FLOWSTATE MBM)	PAWI BORRIDGE, EWI DIE I ERS	MELISSA HOAREAU, BRYDIE WATSON	11:30am
11:45am				11:45am
12:00pm		Big wave Badass Babes SPEAKERS:LAURA ENEVER, SUMMA LONGBOTTOM	"Let Me Sea" Photography Meets Art SPEAKER: TRACEY NAUGHTON	12:00pm
12:15pm				12:15pm
12:30pm				12:30pm
12:45pm				12:45pm
1:00pm	The Mindful Surfer SPEAKER: SARRA ROBERTSON (LAND & SEA THERAPY)	Pitching Paradise SPEAKER: ANDY KOVSZUN (NO SHOES NO WORRIES)	Breaking Down Barriers SPEAKER: CAIT MIERS	1:00pm
1:15pm 1:30pm				1:15pm 1:30pm
1:45pm				1:45pm
2:00pm				2:00pm
2:15pm	Performance Dietitian for the "Matildas" Female Nutrition (Workshop) SPEAKER: ALICIA EDGE	Book Launch: Pauline Menczer's Surf Like a Woman SPEAKER: PAULINE MENCZER		2:15pm
2:30pm				2:30pm
2:45pm				2:45pm
3:00pm				3:00pm
3:15pm			Capturing the Essence: The Power of Surf Story Telling (Workshop)	3:15pm
3:30pm	One Wave Is All It Takes Mental Health Awareness		SPEAKER: LAUREN HILL	3:30pm
3:45pm	SPEAKER: JOEY HURL			c.cop.iii
31.5p.				

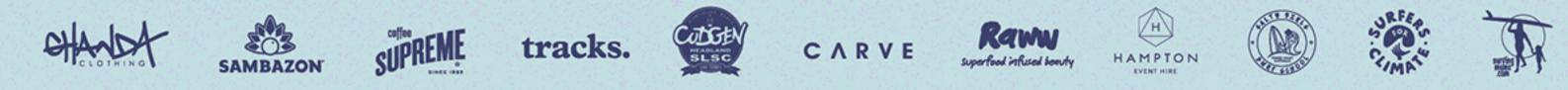






































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FESTIVAL PROGRAM



WELLNESS HUB Hosted by Sarra Robertson



PRESENTED BY



WOMEN OF SURF HUB Hosted by Jess Grimwood



tracks.

FILM & PHOTOGRAPHY HUB Hosted by Caz Emge

tracks.

9:15am				9:15am
9:30am	Yoga - Fusion Wellness (Workshop) SPEAKER: GEORGIE CLARK			9:30am
9:45am				9:45am
10:00am		Mums of Surfing (Panel) SPEAKERS: ALIISA BOWERY, TRACY GILMORE, IMOGEN BROWN		10:00am
10:15am			Capturing Waves: A Dive into Water Photography	10:15am
10:30am	The Female Surfer - Train like a female, be- cause you are one (Workshop) SPEAKER: CANDICE LAND			10:30am
10:45am			SPEAKER: SHANNON GLASSON	10:45am
11:00am		Women Shaping the Surf Industry (Panel) SPEAKERS: TORI GILKERSON, KATE WILCOMES,	Empowering Perspectives: Women Filmakers (Panel) SPEAKER: CLEMENTINE BOURKE,	11:00am
11:15am				11:15am
11:30am	Empower Your Lungs: Apnea Breathwork (Workshop) SPEAKER: SALLY HOWE (FLOWSTATE MBM)	SALLY MAC, SAMMIE WALSH		11:30am
11:45am			SHANNON HAYES	11:45am
12:00pm		Becoming A Surfer: A Guide SPEAKERS: SURFLINE, SURF COACH,		12:00pm
12:15pm			Making It:	12:15pm
12:30pm		FIN SPECIALIST & BOARD SHAPER	Film and Discussion	12:30pm
12:45pm			SPEAKER: INDIA ROBINSON, KATE ALLMAN	12:45pm
1:00pm				1:00pm
1:15pm		Awake Academy: Know yourself, grow yourself (Workshop) SPEAKER: LAYNE BEACHLEY	'5 Lessons from Female Media Powerhouses' - Alexa Hohenberg Executive Film Producer	1:15pm
1:30pm				1:30pm
1:45pm			SPEAKER: ALEXA HOHENBERG	1:45pm
2:00pm	Women's Health SPEAKER: EVA ROSE (WOMEN'S NATURAL HEALTH)			2:00pm
2:15pm		The Tides of a Professional Surfer's Career (Panel) SPEAKERS: TULLY WHITE, KIRRA MOLNAR, RACHEL TILLY	Tracks Magazine SPEAKER: SURPRISE SESSION	2:15pm
2:30pm				2:30pm
2:45pm				2:45pm
3:00pm				3:00pm
3:15pm				3:15pm
3:30pm				3:30pm

































